



# Executive Physical Examination

<b>1. Detailed Medical History and Physical Examination by Doctor</b>	
<b>2. Blood Pressure</b>	
<b>3. Body Mass Index (BMI)</b>	
<b>4. Visual Acuity by Nurse</b>	
<b>5. Exercise Stress Test (Treadmill) with Electrocardiogram (ECG)</b>	
<b>6. Pulmonary (Lung) Function Test</b>	
<b>7. Pap Smear (Female Only)</b>	
<b>8. Uroflowmetry (male Only)</b>	
<b>9. Diagnostic Imaging</b>	Chest X-Ray, Whole Abdominal (Gall bladder, Liver, Kidney, Pancreas, Spleen, Pelvis) Ultrasound, 2D Mammogram (Female Only), Breast Ultrasound (Female Only)
<b>10. Health Screening Laboratory Tests Include:</b>	
+ Complete Blood Count	
+ ESR	
+ Renal Function	Creatinine, Urea Nitrogen (BUN)
+ Electrolytes	Sodium, Potassium, Chloride, Phosphorus, Calcium, Iron
+ Liver Function	Total Bilirubin, Direct Bilirubin, Indirect Bilirubin, SGOT (AST), SGPT (ALT), Alkaline Phosphatase (ALP), GGTP
+ Hepatitis B Screening	Antigen, Antibody
+ Protein	Total Protein, Albumin, Globulin, A/G Ratio
+ Thyroid Function	TSH
+ Lipid Profile	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides, TL/HDL-C Ratio
+ Diabetes Screening	Fasting Blood Glucose
+ Gout Screening	Uric Acid
+ Tumor Markers	Liver Cancer (AFP) Prostate Cancer (PSA) (Male Only)
+ Urine Routine Examination	
+ Stool Analysis	Parasites & Occult Blood
+ Serology	VDRL, HIV 1 & 2
<b>11. Dietary Analysis &amp; Assessment by Registered Dietitian</b>	
<b>12. Doctor Explanation of Report &amp; Personalized Recommendation</b>	

\* Package includes one meal, either breakfast or lunch.

Total Cost	Male	Female
By General Practitioner	\$17,550	\$20,550

## Appointment and Enquiries

For further information, please contact us on 3651 8789, email [cohealth@hkah.org.hk](mailto:cohealth@hkah.org.hk) or visit our website at [www.hkah.org.hk](http://www.hkah.org.hk)

## Important Information

Hong Kong Adventist Hospital reserves the right to make alternations to the price list without prior notice.

2024/01 Revised

# 尊貴身體檢查

1. 詳細病歷評估及身體檢查	
2. 量血壓	
3. 體質指數分析	
4. 視力檢查，由醫護人員主理	
5. 運動心電圖及心電圖	
6. 肺功能測試	
7. 子宮頸抹片檢查 (只限女性)	
8. 尿流速測試 (只限男性)	
9. 放射診斷檢查	肺部X光檢查，全腹腔 (膽、肝、腎、胰、脾和盆腔) 超聲波掃描，乳房超聲波掃描 (只限女性)，2D 乳房造影 (只限女性)
10. 化驗室檢驗包括：	
+ 全套血球計算	
+ 血沉降率	
+ 腎功能	肌酸酐，血尿素氮
+ 電解質	鈉，鉀，氯，磷，鈣，鐵
+ 肝功能	全套膽紅素，直接膽紅素，間接膽紅素，谷草轉氨酶，谷丙轉氨酶，鹼性磷酸酶，GGTP
+ 乙型肝炎檢測	抗原，抗體
+ 蛋白質分析	全蛋白，白蛋白，球蛋白，白蛋白與球蛋白比值
+ 甲狀腺功能	促甲狀腺素
+ 血脂分析	總膽固醇，高密度脂蛋白膽固醇，低密度脂蛋白膽固醇，三酸甘油脂，總膽固醇 / 高密度脂蛋白膽固醇比值
+ 糖尿病檢測	空腹血糖
+ 痛風檢測	尿酸
+ 腫瘤指標測試	肝癌 (甲型胎兒蛋白)， 前列腺癌 - (前列腺特異抗原) (只限男性)
+ 尿液常規檢查	
+ 糞便分析	寄生蟲及隱匿的血液
+ 血清學分析	梅毒測試，一型及二型人類免疫缺乏病毒
11. 健康飲食專業評估及指導，由註冊營養師主理	
12. 醫生解釋報告及提出個人化建議	

\* 計劃已包括早餐或午餐。

全套費用	男性	女性
普通科醫生	\$17,550	\$20,550

## 預約及查詢

如欲進一步查詢，歡迎致電(852) 3651 8789，或電郵至cohealth@hkah.org.hk，亦可瀏覽本院網站 [www.hkah.org.hk](http://www.hkah.org.hk)。

## 注意事項

香港港安醫院保留更改及刪改上述資料的權利，而毋須另行通知。